



Northwood Primary School Menu



Week 1 - Weeks beginning – 4th Sept, 25th Sept, 16th Oct, 13th Nov & 4th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
Sausages with Mash and Gravy OR Quorn Sausages with Mash and Gravy (V)	Roast with Roast Potatoes and Gravy OR Quorn Roast with Roast Potatoes and Gravy (V)	Shepherd's Pie with Gravy OR Sweet and Sour Vegetables with Noodles (V)	Chicken Tikka with Rice OR Creamy Vegetable Pie with Mashed Potato Topping (V)	Salmon Fish Cake with Chips OR Macaroni Cheese with Garlic Slice (V)
Cauliflower and Peas	Savoy Cabbage and Swede	Carrots and Green Beans	Sweetcorn and Peppers	Baked Beans and Garden Peas
Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Wholemeal Plum and Vanilla Crumble and Custard	Carrot and Courgette Cake	Apple and Raisin Flapjack	Dutch Apple Pie and Custard	Lemon Drizzle Cake
Yoghurt / Fresh Fruit Platter	Yoghurt / Fresh Fruit Salad	Yoghurt / Fresh Fruit Platter	Yoghurt / Fresh Fruit Salad	Yoghurt / Fresh Fruit Chunks

Bread, Cool Water or Milk available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form and hand the form into classes.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All KS2 meals cost £1.85 each. Universal Infant Free School Meals for EYFS and KS1.

Please send money into class in a NAMED ENVELOPE. Thank you.

