



Northwood Primary School Menu



Week 3 - Weeks beginning – 14/11/16, 5/12/16, 9/1/17, 30/1/17, 27/2/17 and 20/3/17

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Lasagne with Potato Wedges (V) OR Bean and Vegetable Bake with Potato Wedges (V) Peas and Roasted Vegetables Seasonal Salad Fruit Yoghurt with Melon and Peaches	Turkey Meatballs in Tomato Sauce with Pasta OR Barbecue Bean Wrap (V) Broccoli and Carrots Seasonal Salad Oatie Fruit Crumble with Custard	Roast Chicken with Roast Potatoes and Gravy OR Quorn and Vegetable Pie (V) Cabbage and Cauliflower Seasonal Salad Ice Cream Pot	Mild Mexican Chilli with Rice OR Quorn Chow Mein with Noodles (V) Tomato Salsa and Sweetcorn Seasonal Salad Banana and Sticky Toffee Pudding with Custard	Battered Fish with Chips OR Cheesy Bread Whirl with Chips (V) Baked Beans and Coleslaw Seasonal Salad Fruity Chocolate Crispie
Bread, Yoghurt, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade				

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form and hand the form into classes.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise
The filling options for jacket potatoes are: cheese, tuna or cheese and beans.
All KS2 meals cost £2.15 each. Universal Infant Free School Meals for EYFS and KS1.
Please send money into class in a NAMED ENVELOPE. Thank you.

