



Northwood Primary School Menu



Week 1 - Weeks beginning - 11/4/16, 2/5/16, 23/5/16, 20/6/16, 11/7/16, 5/9/16, 26/9/16 & 17/10/16

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BANK HOLIDAY MONDAY</p> <p>NO SCHOOL TODAY!</p>	<p>Pork Sausages and Mash Potato, Peas and Gravy <i>OR</i> Vegetable Chilli with Soft Tacos, Rice and Tomato Salsa (V)</p> <p>Seasonal Salad</p> <p>Fruit in Jelly</p>	<p>Roast Turkey with Roast Potatoes, Carrots, Cabbage and Gravy <i>OR</i> Quorn Roast with Roast Potatoes, Carrots, Cabbage and Gravy (V)</p> <p>Seasonal Salad</p> <p>Mini Brownie with Fresh Fruit</p>	<p>Sweet & Sour Chicken with Special Rice and Sweetcorn <i>OR</i> Jacket Potato with Cauliflower and Chickpea Korma and Crunchy Salad (V)</p> <p>Seasonal Salad</p> <p>Mango Frozen Yoghurt</p>	<p>Fish Fingers with Chips and Baked Beans or Peas <i>OR</i> Cheese Ploughman's with Vegetable Sticks (V)</p> <p>Seasonal Salad</p> <p>Fruit Packed Picnic Bar</p>

Bread, Yoghurt, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form and hand the form into classes.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All KS2 meals cost £2.15 each. Universal Infant Free School Meals for EYFS and KS1.

Please send money into class in a NAMED ENVELOPE. Thank you.

