



Northwood Primary School Menu



Week 1 - Weeks beginning - ~~2/11/15, 23/11/15, 14/12/15, 18/1/16~~, 8/2/16, 7/3/16

Monday	Tuesday	Wednesday	Thursday	Friday
Beefburger in a Bun with Relish and Jacket Wedges <i>OR</i> Macaroni Cheese (V)	Chicken and Vegetable Pie and New Potatoes <i>OR</i> Shepherdess Pie (V)	Roast Pork with Roast Potatoes and Gravy <i>OR</i> Quorn Roast with Roast Potatoes and Gravy (V)	Mexican Beef Enchiladas (Wrap) with Wholemeal Rice <i>OR</i> Sweet Potato & Butternut Squash Stew with Wholemeal Bread Wedges (V)	Fish Fingers with Chips <i>OR</i> Cheddar Cheese & Tomato Tart with Chips (V)
Garden Peas and Carrots	Broccoli and Swede	Cauliflower and Carrots	Garden Peas and Roasted Vegetables	Sweetcorn and Baked Beans
Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Apple Cracknell with Custard	Fruit in Jelly	Pineapple Upside Down Pudding with Custard	Seasonal Salad Wild Berry Fool	Chocolate and Banana Muffin

Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form and hand the form into classes.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All KS2 meals cost £2.05 each. Universal Free School Meals for EYFS and KS1.

Please send money into class in a NAMED ENVELOPE. Thank you.

