



Northwood Primary School Menu



Week 3 - Weeks beginning – 27/4/15, 18/5/15, 15/6/15, 6/7/15, 7/9/15, 28/9/15, 19/10/15

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Beef Bolognese with Pasta OR Vegetable Chilli with Rice (V)	Chicken Curry with and Homemade Naan Bread Rice OR Macaroni Cheese (V)	Roast Beef with Roast Potatoes and Gravy OR Quorn Roast with Roast Potatoes and Gravy (V)	Homemade Sausage Plait with Potato Wedges OR Cheesy Pasta Bake (V)	Fish Fingers with Chips OR Cheese and Pepper Pastry Whirl (V)
Garden Peas and Carrots	Broccoli and Sweetcorn	Carrots and Cauliflower	Roasted Vegetables and Garden Peas	Sweetcorn and Baked Beans
Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Oaty Fruit Crumble with Custard	Shortbread with Fruit Slices	Chocolate Sponge with Chocolate Sauce	Jelly and Ice Cream	Carrot and Pineapple Muffin
Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade				

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise
 The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All KS2 meals cost £2.05 each. Free school meals for Reception and KS1.

Please send money in a NAMED ENVELOPE. Thank you.

