



# Northwood Primary School Menu



Week beginning -12<sup>th</sup> January 2015

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger in a Bun with Oven Baked Jacket Wedges OR Vegetable Chilli with Wholegrain Rice(V)  Garden peas and Carrots  Oaty Fruit Crumble	Italian Lasagne OR Quorn Leek & Potato Pie(V)  Sweetcorn and Roasted Vegetables  Fruity Delight	Roast Beef with Roast Potatoes  Vegetarian Cottage Pie(V)  Broccoli and Cauliflower  Carrot Cake	Fish Fingers Or Cheese and Tomato Pizza (V) Or Hotdog in a Bun  Chips, Baked Beans, Peas, Sweetcorn and Onions  Crispy Cookie and Milkshake	Fish Fingers with Chips Or Quorn Burger in a Bun with Tomato Relish(V)  Baked Beans & Garden Peas  Gingerbread with Lemon Custard
Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade				

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place in it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise  
The filling options for jacket potatoes are: cheese, tuna or cheese and beans.  
All KS2 meals cost £2.05 each. Free school meals for Reception and KS1.  
Please send money in a NAMED ENVELOPE. Thank you.

