



Northwood Primary School Menu



Week 2 - Weeks beginning - 30/6/14, 8/9/14 & 6/10/14

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausages with ½ Jacket Potato OR Cheese Whirls (V)</p> <p>Carrots and Broccoli</p> <p>Apple and Celery</p> <p>Oaty Fruit Crumble with Custard</p>	<p>Mild Chicken Korma with Rice OR Macaroni Cheese with Garlic and Herb Bread (V)</p> <p>Peas</p> <p>Cucumber and Tomato Salad</p> <p>Chocolate Surprise Sponge</p>	<p>Roast Gammon with Roast Potatoes and Gravy OR Quorn Roast with Roast Potatoes and Gravy (V)</p> <p>Carrots and Cabbage</p> <p>Mixed Salad</p> <p>Crunchy Cookie with Milkshake</p>	<p>Italian Lasagne OR Frittata with New Potatoes (V)</p> <p>Roasted Vegetables</p> <p>Sweetcorn</p> <p>Fresh Vegetable Sticks</p> <p>Date Slice with Custard</p>	<p>Fish Fingers with Chips OR Neapolitan Pasta (V)</p> <p>Garden Peas and Baked Beans</p> <p>Sweetcorn and Pepper</p> <p>Banana Chocolate Muffin</p>

Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place in it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All meals cost £2.05 each. Please send money in a NAMED ENVELOPE. Thank you.

