



Northwood Primary School Menu



Week 1 - Weeks beginning – 19/5/14, 23/6/14, 21/7/14, 1/9/14 & 29/9/14

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and Broccoli Pasta <i>OR</i> Quorn Pitta Pocket (V)	Cottage Pie <i>OR</i> Cheese and Tomato Pizza with Cajun Wedges (V)	Roast Turkey with Crispy Roast Potatoes and Gravy <i>OR</i> Cheesy Hotpot (V)	Mild Mexican Chilli with Rice <i>OR</i> Mediterranean Tart with New Potatoes (V)	Crispy Battered Fish with Chips <i>OR</i> Quorn Bolognese with Pasta (V)
Carrots and Sweetcorn	Garden Peas	Cabbage and Carrots	Crunchy Light Coleslaw	Peas and Baked Beans
Cucumber and Tomato	Vegetable Sticks	Apple and Celery	Roasted Vegetables	Tomato and Cucumber Salsa
Pineapple Upside Down Cake with Custard	Mixed Salad	Gingerbread with Lemon Custard	Green Salad	Chocolate and Apricot Brownie
	Ice Cream Bar <i>OR</i> Ice Cream with Fruit		Chewy Muesli Fruit Bar and Milk	

Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place in it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise
The filling options for jacket potatoes are: cheese, tuna or cheese and beans.
All meals cost £2.05 each. Please send money in a NAMED ENVELOPE. Thank you.

