



Northwood Primary School Menu



Week 1 – 10/2/14 & 17/3/14

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage Pie <i>OR</i> Quorn Bolognese with Pasta (V) Garden Peas and Cauliflower Cucumber and Tomato Salad Fruity Cookie with Milk	Roast Pork with Roast Potatoes and Gravy <i>OR</i> Cheesy Hotpot (V) Seasonal Cabbage and Fresh Carrots Apple and Celery Salad Gingerbread with Lemon Custard	Chinese Chicken with Rice <i>OR</i> Vegetable Lasagne (V) Peas and Sweetcorn Mixed Salad Oaty Fruit Crumble with Custard	Italian Beef Lasagne <i>OR</i> Cheese and Tomato Tart with Cajun Wedges (V) Fresh Carrots and Crunchy Light Coleslaw Vegetable Sticks Ice Cream Bar with Fruit Toppings	Crispy Battered Fish with Chips <i>OR</i> Mild Vegetable Curry with Rice (V) Baked Beans and Fresh Broccoli Tomato and Cucumber Salsa Chocolate Surprise Cake
Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade				

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place in it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All meals cost £2.05 each. Please send money in a NAMED ENVELOPE. Thank you.

