



Northwood Primary School Menu



Week 3 - 16/12/13 + 27/1/14 + 3/3/14 + 31/4/14

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Beef Bolognese with Pasta <i>OR</i> Vegetarian Sausages with Mashed Potato and Gravy (V) Fresh Broccoli and Sweetcorn Cucumber and Tomato Salad Steamed Syrup Pudding with Custard	Roast Chicken with Roast Potatoes and Gravy <i>OR</i> Lentil Roast with Roast Potatoes (V) Seasonal Cabbage and Garden Peas Apple, Cucumber and Celery Salad Giant Crunchy Cookie with Milk	Sausage Meat + Cheddar Cheese Plait with Wedges <i>OR</i> Vegetable Pasta Bake (V) Green Beans and Sweetcorn Carrot and Sultana Salad Apple Cracknell and Ice Cream	Mild Chicken Korma with Basmati Rice <i>OR</i> Vegetable Hotpot (V) Fresh Broccoli and Fresh Carrots Fresh Vegetable Sticks Fruit Salad	Crispy Battered Fish with Chips <i>OR</i> Baked Bean Lasagne (V) Baked Beans and Garden Peas Light Crunchy Coleslaw Marble Cake with Chocolate Sauce
Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade				

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place in it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All meals cost £2.00 each. Please send money in a NAMED ENVELOPE. Thank you.

