



Northwood Primary School Menu



13th – 17th May 2013

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Toad in the Hole with Mashed Potato and Gravy <i>OR</i> Quorn Bolognese with Pasta</p> <p>Fresh Carrots and Garden Peas</p> <p>Carrot and Sultana Salad</p> <p>Chocolate and Apricot Brownie</p>	<p>Roast Chicken with Roast Potatoes and Gravy <i>OR</i> Lentil Roast with Roast Potatoes</p> <p>Seasonal Cabbage and Carrots</p> <p>Fresh Vegetable Sticks</p> <p>Fruit Flapjack with Custard</p>	<p>Homemade Italian Beef Lasagne <i>OR</i> Frittata with New Potatoes</p> <p>Sweetcorn and Fresh Broccoli</p> <p>Mixed Salad</p> <p>Harlequin Biscuit with Banana Milkshake</p>	<p>Roast Turkey with Roast Potatoes and Gravy <i>OR</i> Mild Vegetable Curry with Rice</p> <p>Fresh Carrots and Green Beans</p> <p>Tomato and Cucumber Salsa</p> <p>Fruit in Jelly</p>	<p>Battered Fish with Chipped Potatoes <i>OR</i> Cheese and Onion Quiche</p> <p>Garden Peas and Baked Beans</p> <p>Apple and Celery Salad</p> <p>Pineapple Upside Down Pudding with Custard</p>

Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place in it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All meals cost £2.00 each. Please send money in a NAMED ENVELOPE. Thank you.

