



# Northwood Primary School Menu



Week 1 - Weeks beginning – 11/4/16, 2/5/16, 23/5/16, 20/6/16, 11/7/16, 5/9/16, 26/9/16 & 17/10/16

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and Tomato Pizza and Jacket Wedges with Salad and Sweetcorn (V) <i>OR</i> Bean and Mushroom Carbonara with Sweetcorn (V)  Seasonal Salad  Apple Crumble and Custard	Pork Sausages and Mash Potato, Peas and Gravy <i>OR</i> Vegetable Chilli with Soft Tacos, Rice and Tomato Salsa (V)  Seasonal Salad  Fruit in Jelly	Roast Turkey with Roast Potatoes, Carrots, Cabbage and Gravy <i>OR</i> Quorn Roast with Roast Potatoes, Carrots, Cabbage and Gravy (V)  Seasonal Salad  Mini Brownie with Fresh Fruit	Sweet & Sour Chicken with Special Rice and Sweetcorn <i>OR</i> Jacket Potato with Cauliflower and Chickpea Korma and Crunchy Salad (V)  Seasonal Salad  Mango Frozen Yoghurt	Fish Fingers with Chips and Baked Beans or Peas <i>OR</i> Cheese Ploughman's with Vegetable Sticks (V)  Seasonal Salad  Fruit Packed Picnic Bar

Bread, Yoghurt, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form and hand the form into classes.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All KS2 meals cost £2.15 each. Universal Infant Free School Meals for EYFS and KS1.

Please send money into class in a NAMED ENVELOPE. Thank you.

