



Northwood Primary School Menu



Week 3 - Weeks beginning - ~~16/11/15, 7/12/15, 11/1/16~~, 1/2/16, 29/2/16 and 21/3/16

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausages with Mashed Potato and Gravy OR Tuscan Bean and Butternut Risotto (V)</p> <p>Garden Peas and Carrots</p> <p>Seasonal Salad</p> <p>Gingerbread Sponge with Lemon Custard</p>	<p>Italian Beef Bolognese with Wholemeal Pasta OR Cheese and Red Pepper Pastry with Potato Wedges (V)</p> <p>Broccoli and Sweetcorn</p> <p>Seasonal Salad</p> <p>Chocolate Ice Cream Pot</p>	<p>Roast Turkey with Roast Potatoes and Gravy OR Shortcrust Topped Country Vegetable Pie with Roast Potatoes (V)</p> <p>Carrots and Seasonal Cabbage</p> <p>Seasonal Salad</p> <p>Oaty Fruit Crumble with Custard</p>	<p>Moroccan Chicken with Rice OR Penne Pasta Bake (V)</p> <p>Roasted Vegetables and Garden Peas</p> <p>Seasonal Salad</p> <p>Pineapple Crispie</p>	<p>Fish Fingers with Chips OR Quorn Burger in a Bun with Chips (V)</p> <p>Sweetcorn and Baked Beans</p> <p>Seasonal Salad</p> <p>Shortbread with Fruit Slices</p>
<p>Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade</p>				

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form and hand the form into classes.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All KS2 meals cost £2.05 each. Universal Free School Meals for EYFS and KS1.

Please send money into class in a NAMED ENVELOPE. Thank you.

