



# Northwood Primary School Menu



Week 3 - Weeks beginning - 16/11/15, 7/12/15, 11/1/16, 1/2/16, 29/2/16 and 21/3/16

Monday	Tuesday	Wednesday	Thursday	Friday
Sausages with Mashed Potato and Gravy <i>OR</i> Tuscan Bean and Butternut Risotto (✓)  Garden Peas and Carrots  Seasonal Salad  Gingerbread Sponge with Lemon Custard	Italian Beef Bolognese with Wholemeal Pasta <i>OR</i> Cheese and Red Pepper Pastry with Potato Wedges (✓)  Broccoli and Sweetcorn  Seasonal Salad  Chocolate Ice Cream Pot	Roast Turkey with Roast Potatoes and Gravy <i>OR</i> Shortcrust Topped Country Vegetable Pie with Roast Potatoes (✓)  Carrots and Seasonal Cabbage  Seasonal Salad  Oaty Fruit Crumble with Custard	Moroccan Chicken with Rice <i>OR</i> Penne Pasta Bake (✓)  Roasted Vegetables and Garden Peas  Seasonal Salad  Pineapple Crispie	Fish Fingers with Chips <i>OR</i> Quorn Burger in a Bun with Chips (✓)  Sweetcorn and Baked Beans  Seasonal Salad  Shortbread with Fruit Slices
Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade				

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form and hand the form into classes.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise  
The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All KS2 meals cost £2.05 each. Universal Free School Meals for EYFS and KS1.

Please send money into class in a NAMED ENVELOPE. Thank you.

