



Northwood Primary School Menu



Week beginning 5th January 2015

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in Tomato Sauce with Pasta <i>OR</i> Sweet Pepper Frittata with Tomato & Herb Wholegrain Bread(V) Sweetcorn and Broccoli Ice Cream with Peaches	Chicken and Tomato Sauce with Rice <i>OR</i> Cheese & Tomato Pizza Wedge with ½ Jacket Potato(V) Garden Peas and Roasted Vegetables Fruit Pie with Custard	Roast Pork with Roast Potatoes & Gravy <i>OR</i> Quorn Roast with Roast Potatoes & Gravy(V) Broccoli and Carrots Oat Cookie with Fruit Slices	Cottage Pie <i>OR</i> Penne Pasta Vegetable Bake(V), Carrots and Cabbage Hot Chocolate Fudge Cake	Fish Fingers with Chips <i>OR</i> Mild Vegetable Curry with Rice(V) Baked Beans and Garden Peas Banana Marble Cake

Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place in it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All KS2 meals cost £2.05 each. Universal Free School Meals for Reception and KS1.

Please send money in a NAMED ENVELOPE. Thank you.

