



Northwood Primary School Menu



Week 2 - Weeks beginning - 8/9/14 & 6/10/14

Monday	Tuesday	Wednesday	Thursday	Friday
Sausages with ½ Jacket Potato <i>OR</i> Cheese Whirls (V)	Mild Chicken Korma with Rice <i>OR</i> Macaroni Cheese with Garlic and Herb Bread (V)	Roast Gammon with Roast Potatoes and Gravy <i>OR</i> Quorn Roast with Roast Potatoes and Gravy (V)	Italian Lasagne <i>OR</i> Frittata with New Potatoes (V)	Fish Fingers with Chips <i>OR</i> Neapolitan Pasta (V)
Carrots and Broccoli	Peas	Carrots and Cabbage	Roasted Vegetables	Garden Peas and Baked Beans
Apple and Celery	Cucumber and Tomato Salad	Mixed Salad	Sweetcorn	Sweetcorn and Pepper
Oaty Fruit Crumble with Custard	Chocolate Surprise Sponge	Crunchy Cookie with Milkshake	Fresh Vegetable Sticks	Banana Chocolate Muffin
			Date Slice with Custard	

Bread, Cool Water or Milk and Fresh Fruit available daily. All Bananas are Fair Trade

If your child would like the vegetarian option, a filled baguette or a jacket potato, please put your order on a yellow 'Northwood Lunch' order form, and place in it in the 'Lunch Request' box in the office.

The filling options for baguettes are: ham, cheese, tuna or egg mayonnaise

The filling options for jacket potatoes are: cheese, tuna or cheese and beans.

All meals cost £2.05 each. Please send money in a NAMED ENVELOPE. Thank you.

